# DREAMS

A Scientific Presentation By Sophia Henninger

# QUESTIONS

Has anyone in this room ever dreamed?

Do you remember ever dream you have?

What do you think is happening while you're dreaming?

### FACTS

#### Dream:

a series of thoughts, images, and sensations occurring in a person's mind during sleep

### PHENOMENON

Sleep Paralysis

Sleepwalking

Nightmares

Lucid Dreaming

## CULTURE

Common Dreams

Dream Interpretation

