Do it.

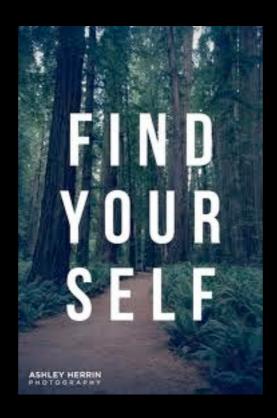# You're strong enough to.