

OFFICIAL SEASON PRACTICE SCHEDULE

Start Date: Monday, August 14 @ SLA

You must have a completed sports physical in order to start practice!

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
13 AUGUST	14 5 - 6:30pm PRACTICE @ SLA	15 5 - 6:30pm PRACTICE @ SLA	16	17 5 - 6:30pm PRACTICE @ SLA	18	19
20	21 5 - 6:30pm PRACTICE @ SLA	22 5 - 6:30pm PRACTICE @ SLA	23	24 5 - 6:30pm PRACTICE @ SLA	25	26
27	28 5 - 6:30pm PRACTICE @ SLA	29 5 - 6:30pm PRACTICE @ SLA	30	31 5 - 6:30pm PRACTICE @ SLA	1 SEPTEMBER	2

ONCE SCHOOL STARTS

****First day for students is Tuesday, September 5 (right after Labor Day)****

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
PRACTICE 4:00pm (after Advisory)	PRACTICE 3:15pm (after classes)		XC MEETS @ Belmont Plateau	PRACTICE 3:15pm (after classes)