

## Do Opposites Really Attract?

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Air stream

English 3

In physics, to create electricity you must have a positive and a negative charge. Having a positive with a positive or a negative with a negative will ultimately just not work. That's how the best relationships work as well. The phrase "opposites attract" has been around for centuries. According to recent studies, people are usually attracted to their opposites on the "*Extraversion/Introversion and Judging / Perceiving scales*." Which ultimately means that the human race is naturally drawn towards people who possess the strengths, personalities and aestheticism that is lacked. Also another way to explain the concepts of opposites attract is a subconscious way of forcing humans to deal with the weaker aspects of our own nature. When dating polar opposites its benefits range from fixing insecurities and experiencing the unknown.

In some relationships each partner contains traits that very much differ from their partners. According to an article on the website known as *Daily Mail* "couples who are too similar to each other, both physically and in personality, are less likely to have a long lasting relationship than those with some distance between them. Which ultimately means that when dating someone too similar gets boring and tiresome. "For example, The well known ex-couple Brad Pitt and Jennifer Aniston, were very similar in personalities. People frequently questioned their relationships, levels of intimacy, overall satisfaction, closeness to their partner, how often they thought of breaking up, commitment and depression. Interpreting from the article is that not just in celebrity relationships but in all relationships couples who are too similar don't work.

But why do people who are similar not last long? It seems that couples who have way more in common would be better ideal couples but its the complete opposite. When in a relationship it's always good to have spice and mix things up. One of the main reasons why opposites attract is because when dating your opposite it makes the human more open minded and a well-rounded individual who can view certain things from a different perspectives (their partners). According to Elite Daily, "there's nothing that strengthens your own opinions more (or makes you question them more) than having someone challenge them". For example perhaps a humans significant other will introduce an idea or thought that is totally disagreed with. Either it will strengthen what is already believed in or will open a new light and change the opinion of something once hated. Having concerns that the partner is better at the stuff, that interest them. Basically having to compete and debate over the things and hobbies that you're very familiar with prior to getting into a relationship.

In conclusion dating polar opposites breaks people out of their comfort zones and makes the relationships last long rather than being with someone who is familiar with the same things as you when over time it can get boring and typical. When dating a polar opposite of oneself will encourage the person to come out of their comfort zone and learn to enjoy the stuff that their partner enjoys, ultimately leaving no room for competition when it's much simpler to learn new things from the other person.

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Leon Watson 00:49 EDT, 15 February 2013

<http://www.dailymail.co.uk/news/article-2279003/Opposites-DO-attract-Psychologists-say-couples-similar-likely-last.html>

The Real Reason That Opposites Attract A little tension can sometimes be a good thing.

Jan 02, 2014

Linda and Charlie Bloom

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Relationships: opposites do not attract, scientists prove

By Sarah Knapton, Science Editor

2:00PM GMT 23 Feb 2016

<https://www.telegraph.co.uk/news/science/science-news/12170295/Relationships-opposites-do-not-attract-scientists-prove.html>

They Do Attract: 8 Reasons Why You Should Date Your Polar Opposite

By Alexia LaFata

Feb 2 2015

<https://www.elitedaily.com/dating/attract-8-reasons-date-polar-opposite/918218>

