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Annotated Bibliography  
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### **Annotated Bibliography**

Stuckey, Heather L., and Jeremy Nobel. "The Connection Between Art, Healing, and Public Health: A Review of Current Literature." *American Journal of Public Health*, American Public Health Association, Feb. 2010, [www.ncbi.nlm.nih.gov/pmc/articles/PMC2804629/](http://www.ncbi.nlm.nih.gov/pmc/articles/PMC2804629/).

This source provides information about art has a significant hand in relieving stress and allowing one to heal emotionally when creating any type of art. This is crucial information for me to know since the kids I am working with all have experienced heavy amounts of trauma throughout their lives. I know that through the art projects it will help them heal emotionally. This is exactly what my capstone is about. I find this source very reliable, for starters it is a ".gov" website. Also, it is run by the US National Liberty of Medicine National Institutes of Health. Therefore, this site is credible since it is owned by a respected and official governmental organization.

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Rumbaut, Ruben G. "The Crucible within: Ethnic Identity, Self-Esteem, and Segmented Assimilation among Children of Immigrants." *The International Migration Review*, vol. 28, no. 4, 1994, pp. 748–794. *JSTOR*, [www.jstor.org/stable/2547157](http://www.jstor.org/stable/2547157).

I selected this source because I wanted to know more information on refugees assimilating to America, and what drives them to do so. After reading this book, it taught me a lot on the physiological factors involved and their conscious changes that occurs in immigrants once they move here. Most times it's society who forces them to assimilate for survival in this country. I benefited a lot from reading this because when dealing with refugee children every week, I want to have a better understanding of their lives. I found this source, which is a book, off of *jstor*, an online sources website. It is very credible and reliable, that was published by the esteemed *The International Migration Review*.

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Papageorgiou, V., Frangou-Garunovic, A., Iordanidou, R. et al. *European Child & Adolescent Psychiatry* (2000) 9: 84. <https://doi.org/10.1007/s007870050002>

I found this source extremely useful because it alloted me a vast amount of information on what happens to the child brain once it is affected by trauma. One section included an example that many of the refugees that I work with can relate to: war trauma. It gave a breakdown of the different ways in which they process information and how they are sometime sensitive to loud sounds. I noticed a lot of these behaviors with the kids and this source provided me with information on how to deal with them in certain situations. This source is very reliable, it is an article published in 2000 by accredited scholars that I located through Google Scholars.

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Review of Educational Research Vol 75, Issue 3, pp. 329 - 364 First Published September 1, 2005 <https://doi.org/10.3102/00346543075003329>

This source was one the most information ones I have read of all of them. It included a lot of information about Muslim refugees in America. It talked Islamophobia and how hard it is for Muslim immigrants to resettle here. This was important for to fully understand because all of the kids at the refugee program that I work with are Muslims. So all of the troubles and complications described in the article they experience on a day-to-day basis. I will keep this information in mind when creating the different prompts for the art projects. This source is truly credible since I found it using Google Scholars and it is written by an esteemed college professor, it is not biased or appointed, it does strike interesting questions and perspectives.

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Ramona Fruja Amthor. (2017) "If Only I Did Not Have That Label Attached to Me": Foregrounding Self-Positioning and Intersectionality in the Experiences of Immigrant and Refugee Youth. *Multicultural Perspectives* 19:4, pages 193-206.

This source is useful because it talks about ones struggle being young refugee. You feel as though you are labeled and no one can see past that. A lot of the kids I work with have the same struggle, due to their accents. Making it hard for them to fit in with other children and even subjected to bullying at times. I would love to include certain quotes from this source into the art project. It has inspired me to include the quotes of the children into the mural. This source is credible, the site does not include ads and it is written by a reliable author.

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J. Ulbricht. (2005) What is Community-Based Art Education?. *Art Education* 58:2, pages 6-12.

I found this source useful because it informed me on the importance and how to create community based art projects and murals, which I will be doing for my capstone project. It gave a breakdown of the importance of community based art projects and the process of it all. It is important for me to know all the crucial steps in creating a mural, since I will be leading the kids to create one for their school. I know feel better prepared to guide this kids in doing so. This source is credible, it was written by a verified and credible author J. Ulbricht.

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Kramer, Edith (1959). Art Therapy in a Children's Community. *Journal of Aesthetics and Art Criticism* 18 (2):272-273.

After browsing through various articles on art therapy for children, this was the most informative and creible. It is published through the esteemed Journal of Aesthetics and Art Criticism. This source alloted me with a vast amount of information of the effect art therapy has on a child's developing brain, especially one that has endured a lot of trauma. This will help me tremendously when guiding the kids through the art projects because I will have a lot of knowledge on how to handle and deal with certain situations. Not to mention that this will als benefit the kids in helping them heal.

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Mamdani, Mahmood. *Good Muslim, bad Muslim: America, the Cold War, and the roots of terror*. Three Leaves Press, 2005.

This source provides information about Americas perspectives on Muslims. It talks a lot about Islamophobia and the how the events of 9/11 affected views on Muslims today. This is important for me to fully understand when working day to day with Muslim refugees. I will certainly apply all that I have learned from reading this article to when dealing with the refugee kids, me being Muslim myself it is easy to talk with them and make them feel comfortable. This source is very credible. It is a book written by the critically-acclaimed, Mahmood Mamdani, it is published by Three Leaves Press.

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Cohen, Barry M., et al. *Managing traumatic stress through art: drawing from the center*. Sidran Press, 1995.

One limitation of this source was that it was really focused on war trauma, but just trauma in general. However, the same process goes, it just that kids who have experience wars brains' develop much differently than other types of trauma. Nonetheless, this source really gave me a lot of insight on how art helps heal the human brain through drawing and painting one can heal the affected parts of their brain. It will never return normal but can improve a lot. This is important for me to know since I will be artistically directing trauma-filled children. This book is very credible, it was published by the reliable Sidran Press publication.

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*Expressive and creative arts methods for trauma survivors*. Jessica Kingsley Publishers, 2006.

This source was very useful because it inspired me of different kinds of art projects that could create with the kids that mentally stimulate their brains that would allow them to heal faster. This would be crucial for my capstone, since I am not well informed on the traumatized brain and how it differs from one that is not traumatised, and how art can help dramatically. It will come up with more beneficial and specific art projects that will promote and improve the healing process in their brains. This book was very reliable, it was published by the credible publication company, Jessica Kingsley Publishers.