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January 27, 2020

Inquiry Capstone

Annotated Bibliography

"Microgastria." *Microgastria - an Overview | ScienceDirect Topics*,
www.sciencedirect.com/topics/medicine-and-dentistry/microgastria.

I found this source to be reliable because it accurately explains what I already know. It says directly what congenital microgastria is and how many cases there are in total. Most of the websites I looked at all say the same thing. They all repeat the same definition and a similar example. This website helped me provide the scientific meaning of congenital microgastria. This source provides the scientific definition which is the first part of the first research component.

Kousseff, B G. "Microgastria in the Genetic Clinic." *Nature News*, Nature Publishing Group,
www.nature.com/articles/gim2000104.
<https://www.nature.com/articles/gim2000104>

This website provides case studies of microgastria. Its a article discussing the case studies for over 1000 families who have been tested for microgastria. Out of those families four of them went to the kid clinic. Their results were the same. From this website I can see examples of specific case children with microgastria along with other abnormalities. In addition to this i learned that microgastria is just one component with other conditions as well.

Inserm. "Orphanet: Microgastria Limb Reduction Defect Syndrome." *Orphanet: Microgastria Limb Reduction Defect Syndrome*,
www.orpha.net/consor/cgi-bin/OC_Exp.php?Lng=GB&Expert=2538.

I believe this souce is useful to me. Not only does it provide the definition but also the symptoms, treatments, and extra information. This goes towards my capstone by contributing it from a doctors standpoint. Furthermore, you can understand the descriptive detail of microgastria. It also tells you the way the diagonisis is. It provides information in a sciencey view and not opinions. Its al straight facts. Reading facts and evidence is what makes this source

reliable. I can go back and refer to this and compare and contrast to what my mom knows as well.

“Disability.” *Merriam-Webster*, Merriam-Webster, www.merriam-webster.com/dictionary/disability.

This website is definitely reliable. It's a digital website for a dictionary and to find synonyms and antonyms for words. This website is very beneficial to me in various ways. One way is to give the literal definition of what a disability is. Another way is when writing my process paper and doing my capstone presentation. I have always wanted to expand my vocabulary and I will use this digital dictionary. A dictionary is always beneficial for anyone when it comes to writing and speaking.

Felson, Sabrina. “Scoliosis of the Spine: Causes, Images, Symptoms, and Treatments.” *WebMD*, WebMD, 26 Oct. 2018, www.webmd.com/back-pain/causes-scoliosis#1.

In addition to congenital microgastria I also have scoliosis. This website tells you what scoliosis is. It also shows the symptoms and treatments of the condition. Furthermore, it explains what causes scoliosis is. The source is very reliable for my research and to get the information I need. This will be a good reference to refer back to throughout my capstone. It also taught me things I never knew myself.

“Living Well with a Disability.” *HelpGuide.org*, 13 Nov. 2019, www.helpguide.org/articles/healthy-living/living-well-with-a-disability.htm.

This resource appeals to the emotion side of my capstone video. I have used this website before when I wrote my English paper on disability. Preferably this website breaks down what I need in a sense that people understand. It tells how to accept living with a disability. The content is also about knowing that your life has changed and how to make accommodations that work best for you. More importantly in each category it gives encouraging advice that we may always remember in the long haul.

“Disability Etiquette - Interacting With People With Disabilities.” *United Spinal Association*, 22 Jan. 2020, unitedspinal.org/disability-etiquette.

Now this website is absolutely a website people need to be aware of. This website provides the helpful tips for communicating with someone with a disability. It gives the proper examples and

ways for having a conversation. There's more ways than just staring and being confused. When you want to ask them a question, this is the website to go to avoid offending someone or being rude. Now there's no excuse it just takes time and research. If people really care about politeness this website can be beneficial to them.

“Living with a Disability: Tips to Overcome Challenges and Enjoy Life.” *Special Bridge*, 2 Sept. 2018, www.specialbridge.com/living-with-a-disability/.

When you're just starting out this website can be useful to you. Being diagnosed with a disability can happen at anytime. It's helpful to have some resources of encouraging advice that can give you a calm head. Particularly this website lists at least ten different useful tips to be sane about having a disability. The way it benefits my capstone is because its tips I have learned myself and I can list them throughout the capstone video when I'm ending it.

Person, and wikiHow. “How to Emotionally Cope With Having Disabilities.” *WikiHow*, WikiHow, 31 Oct. 2019, www.wikihow.com/Emotionally-Cope-With-Having-Disabilities.

This particular source also appeals to the emotion side. It contributes to the big idea of the big picture of my capstone. My capstone is all about inspiring others. Apart of being inspirational is knowing how to have encouraging ways and helping someone with their confidence. This website specifically provides another several ways to cope with having a disability. No matter what age you are its never too late to understand how to cope with having a life changing condition.

“Real Stories from People Living with a Disability.” *Centers for Disease Control and Prevention*, Centers for Disease Control and Prevention, 9 Sept. 2019, www.cdc.gov/ncbddd/disabilityandhealth/stories.html.

Now this website gives you insight on how a disabled person lives their life. It provides different websites and shows that there is equality between them. For someone who doesn't have a disability they can understand what its like to be in someone else's shoes. There's more than one story which means more than one perspective. This source is beneficial and proves a point I'm trying to make in my capstone. It shows there are ways for people to understand if they take the effort to.

