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Kamal Advisory

2020 Capstone

## Underlying Beauty

### **Introduction**

For many women, hair is apart of their identity. Hair is sometimes used as an expression of ourselves, similar to art. No matter how young or old you are, hair has some kind of effect on you. Whether you chop it all off or wear it down to your ankles, hair can say a lot about the person you are.

In your teenage years, you are trying to find yourself, your identity, and where you belong. As a teenager now, I know the struggle of feeling you have to adjust yourself to fit into someone else standards especially as a girl. These young years play a crucial role in a young woman's life. During these years she is working on her confidence and finding her sense of style. For my capstone, I want to provide a personalized hair unit for teens with hair loss. The cost of personalized hair units made by different professionals and factories is painfully high-priced Not many can afford such expensive luxuries especially lower-income families. Being able to provide these wigs to young women I wondered how this will improve their confidence and show them they can be who they are.

## **The 5 Core Values**

My capstone reflects SLA core values by including the following:

*Inquiry: My project will answer the question, “How will creating customized hair units; wigs, for young women with hair loss improve self-love and self-care?”*

Research: For this project, there were a lot of different components of research. To start with I had to research the average cost for both a pre-made hair unit and an already made hair unit. The price for both varies extremely depending on the type of hair, type of frontal; which is a lace material usually placed around the hairline of the wig to make it appear more realistic, the length of the hair, the color of the hair, the hair quality, the unit thickness and the cut/style of the unit. Custom hair units can vary from \$300-\$3000 and Pre-made wigs can vary from \$200- \$600.

Collaboration: Being able to have these young women be apart of my project is the only way completing this would be possible. I planned on recording the process of this project from start to finish to show the results. I’m sure if the completion of this project was possible it would’ve been a beautiful outcome. By uplifting these young women, I would’ve made a difference in somebody’s life and that all I could ever ask for but the derailment of COVID-19 made it impossible.

Presentation: The presentation part of my project was supposed to be a vlog-styled video but because of the corona, I was not able to complete this component.

## Process

Like most projects, I had my fair share of obstacles to tackle. The first big obstacle to tackle was to find brave clients to make this process possible. Being able to share your truth with someone you just met and even had it recorded to be on display is a really hard thing to do for some people. Making people feel comfortable enough to do this is key.

If I was able to complete this capstone, I would need to complete the following steps:

Component #1: Make a list of all of the materials needed

To ensure that I have all of the materials needed to make this possible I created a list with the prices of some of the products.

Component #2: Find clients willing to be recorded

Being recorded can be intimidating so I wanted these young women to feel 100% comfortable.

Component #3: Research the effect of hair loss on the brain and self-esteem

To help someone you need to have background knowledge of the topic. I researched the effects hair loss has on the brain and why hair is so important to us.

Component #4: Make the interview questions about the before and after the process

These questions will further help me understand and know what my clients would want and it will help me build a relationship with them to make them more comfortable as this process goes along.

Component #5: Record the “getting to know me” interviews

This is the way I would be able to document this whole process from start to finish.

Component #6: Make the wigs

Component #7: Customize/ style the wig to the clients liking and any other final edits

Component #8: Record the reveal of the final product to the client

This is to capture the reaction and final thoughts of my clients. This reaction will let me know if they love the unit I created for them.

Component #9: Final interview

I want to know how this whole experience made them feel if I help them with their confidence or any other self-love components.

**Reflection:**

COVID-19 put me in a position where I couldn't complete my project at all. My whole project included interacting with others, and with the social distancing put in place, it made it impossible. Being able to make a customized wig for someone includes them being there most of the time. I would need to do a lot of measurements to ensure the style and fit of the wig was as precise as I could get it. It saddens me to know that I was not able to share this project with my

peers or staff members. Throughout this process, I learned the value of self-love and self-care. Building up these young women with confidence and being able to talk to these girls, I built a real relationship with some of them. I cannot be more proud of these girls and they inspire me every day. Being in SLA taught me to uplift others around me because of it's tight-knit community. SLA taught me to cherish the relationships I build with people and I carried that trait outside of school and into the real world.

[://docs.google.com/presentation/d/1oK88zOorZaHSPKGA5QfUVkDFtunFWq41CruMUkzflwY  
/edit?usp=sharing](https://docs.google.com/presentation/d/1oK88zOorZaHSPKGA5QfUVkDFtunFWq41CruMUkzflwY/edit?usp=sharing)