



Daily Destiny

September 13, 2022

Dear Readers,

My name is Destiny Melchor. I am currently a ninth grader at Science Leadership Academy of Center City in Philadelphia, Pennsylvania. I live with my parents and my doggie brothers Tickles and Chuckles.

Daily Destiny is a magazine for teens that talks about my day to day life experiences. The magazine will focus on topics that I am passionate about like music, dogs, books and cooking. Each week I will choose a topic to write about and every issue will have a new recipe that I've tried and my review. There will be a new playlist with songs that I am listening to this week. And finally I will write five fun facts about the zodiac sign of the week.

The magazine is meant to entertain, inform and inspire. There may be a special edition if there is a newsworthy topic that I think teens need to know and talk about. But for the most part this magazine is meant to encourage teens to create their own platform to express themselves whether it be a magazine, a blog, or podcast. I hope you enjoy my magazine and I hope one day to read or listen to what you create.

Destiny

Me and Music

I am passionate about music. To me music is essential. I can't imagine my life without music. I listen to music from the time I wake up until I go to bed on a day off. I like to listen to my music on a speaker instead of headphones. This way I can hold my phone and move around and the music fills the space I'm in.

I love all genres of music except for country music. Country music isn't as catchy or enjoyable to me so I don't listen to it. My favorite genres are Pop and Rap music. I feel like I relate the most to these styles. Most of the artists are pretty young. And they sing songs about their everyday lives which is similar to my everyday teenage life. These styles give me comfort or help me feel empowered in my struggle to be a teenager depending on the song or artist.

My favorite song is Dandelions by Ruth B. This is a song about her liking someone and not having the courage to tell them.. She's wishing on every dandelion that they will be hers. Although I have not had that experience yet, I can imagine being her as I listen to the song. And that's what I love about music. A song can take you to another place. You can be at a party, on a mountain, or in your neighborhood. A song can take you anywhere. A song can allow you to see things you may never see in life through your own eyes. But you can imagine through the artist's eyes as you play the words over and over again.

Music helps me to express myself without really having to expose myself. Music makes me feel good. I like the instruments, the words, even the silence in between songs as I wait for the next song to start.

Music can be calming for me when I am anxious or upset. Or it can be my theme song to change the world. Music is like the perfect medication for my life. Listening to music always makes me feel better. Let's say I am having a rough day. I will pull out my phone, go on youtube go to my playlist and start playing my songs. In no time at all I am rocking out to my playlist and everything else is on silent. I am not worried about what assignment I have due by 11:59 pm. I am not upset that my mom is asking me to clean my room for the third time this week and the argument I got into with one of my friends seems like it didn't happen. Music changes my mind and my mood. It allows me to relax. Music is a part of my DNA.

Vignette

It was early in September and my first year at SLA Beeber Middle School. I was in the fifth grade. Ms. D was my humanities/launch teacher. She was very nice, but she was strict. And she loves to read. She had a library in her classroom with so many books and always wanted us to take a book home for the weekend. Launch was like a study hall where you could make up work or get help if you needed it. But since Ms. D was our humanities teacher, she started each launch period with independent reading. You could bring a book from home or you could choose one from her library.

I wasn't big on reading for fun back then. I would read for my assignments and always did my work but reading for pleasure wasn't something I enjoyed. Ms. D set the 20 minute timer and said to quietly read. I grabbed the first book I saw off the shelf and sat down. I opened the book and just sat there looking at the page. I didn't make a sound and I didn't move. I was daydreaming about adopting a dog. I really wanted a dog and my parents were pretty sure we would be able to adopt one soon.

All of a sudden, Ms.D walked over to me and said, "Destiny make sure you're reading". First I was shocked and embarrassed because everyone saw her walk over to me. Then I was confused and upset. I was wondering how she knew I wasn't reading. Why was she picking on me? I knew I wasn't the only kid not reading. I went home and told my mom what happened. She spoke to Ms.

D. Ms. D said she could tell by my eyes that I wasn't actually reading but just looking at the page and that she didn't want me to miss out on the opportunity to learn to love reading.

The next day Ms. D pulled me aside and talked to me about graphic novels. Books that she thought I would like because there were pictures and text ,and she was right. I've been reading graphic novels ever since. Now I really enjoy all kinds of books including mysteries. Right now I am reading, I Killed Zoe Spanos.

If Ms. D. hadn't taken the time to look at my eyes and realize I was just sitting there with an open book, I probably wouldn't enjoy reading to this day. But the fact that she cared enough about me developing a love for reading regardless of the genre made all the difference. She used to bring in books just for me, which really made me feel special. She also made me accountable, since I am very quiet and do the right things most teachers don't really notice me. But Ms. D did, and I'll always be thankful that she called me out that day.

This Week's Recipe: Baked Mac and Cheese

<https://www.pinterest.dk/pin/459507968229951431/>

My Review:

This recipe was easy to make. It had less than ten ingredients. I am not big on seasoning salt or monterey jack cheese so I left out the seasoning salt and added some mozzarella cheese. These mac and cheese was soooooo good and cheesy. You can add things you like, take out what you don't and it still comes out great. Give it a try this weeked.

Luckiest Day For Your Zodiac Sign this Week:

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|--------------------|---------------------------------|
| <i>Aries</i> | <i>Monday, September 12th</i> |
| <i>Taurus</i> | <i>Saturday, September 17th</i> |
| <i>Gemini</i> | <i>Saturday, September 17th</i> |
| <i>Cancer</i> | <i>Saturday, September 17th</i> |
| <i>Leo</i> | <i>Saturday, September 17th</i> |
| <i>Virgo</i> | <i>Friday, September 16th</i> |
| <i>Libra</i> | <i>Friday September 16th</i> |
| <i>Scorpio</i> | <i>Friday, September 16th</i> |
| <i>Sagittarius</i> | <i>Sunday, September 18th</i> |
| <i>Capricorn</i> | <i>Sunday, September 18th</i> |
| <i>Aquarius</i> | <i>Saturday, September 17th</i> |
| <i>Pices</i> | <i>Friday, September 16th</i> |



What a beautiful view. Enjoy your week!!!