

A photograph of a sunset or sunrise over a park. The sky is filled with vibrant orange, red, and purple clouds. In the foreground, there are dark silhouettes of trees and a path. In the background, a large dome-shaped building is visible through the trees. The overall scene is dramatic and atmospheric.

# Talia's Trilogy

By: Talia Femia

Dear Readers,

My name is Talia, I am the writer of the "Talias Trilogy magazine". Throughout the magazine you will learn a little more about me than before. The first page you will be able to read my passion article. It was not hard to choose my passion because I have had the same one for so long. The article is some insight on my favorite hobby, dance, why I love it the most and how long I have been dancing. There will be pictures throughout the magazine showing things I love. The second thing you will read on the next page is my vignette, a moment that shaped the way I learned. My moment was pretty much my childhood as a whole and controlling my feelings. The article is when I learned something that I use now and will always remember. Ads will be included for some of my favorite products such as snowboards playlists and my favorite apple product. I put ads throughout the magazine for some purchase ideas and new music ideas. I hope you enjoy reading my magazine. Thanks for choosing "Talias Trilogy"

Talia Femia

Class of 2026

## My Passion

Throughout my life I have had many passions and hobbies. The one I have stuck with for 8 years is dance. I have done almost all types of dance throughout my life. Ballet, modern, jazz and hip hop. I have also done so many different sports, but I always go back to dance. I think dance is also somewhat relaxing. Although it can be very tough and draining, I love doing it. I dance at Koresh studio which is right here in Philly. I take a few classes a week and we have big shows in the winter and at the end of the school year.

Dancing at a studio is never the same as being on a sports team but I'll debate that it's actually better. We don't compete with each other but we love to be around each other. I have made amazing friends through dance. It's always important to be a part of a group whether it be a sport or not.

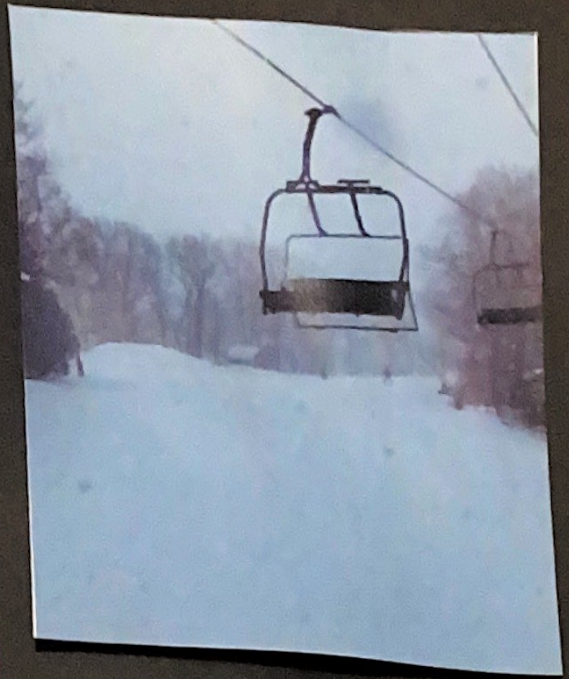
Currently, I am only doing modern and ballet, 2 days a week after school. I feel as though I get just as much physical activity as to say if I were playing a game of basketball. That is a big part of why I love it so much. It is a big commitment and it feels like being on a sports team.

There have been so many times in my life so far where I was deciding whether to dance any more. Because I have been doing it pretty much my whole childhood, it's not something that I can just quit. When I was about 8-11 I only did hip hop. I was super good but it didn't feel much like dancing to me. Mostly because I was growing up watching these older girls doing ballet. At 11 I started modern and jazz which were my favorite types of dance. They are slow moving but so much more enjoyable. Modern is a type of dance I was never used to. At 13 I started ballet again which I hadn't done since I was 6. Ballet requires so much technique and skill it is slower than most dances I have ever done. It's a lot but it was very nice to get back into that. Since getting older I have had a different perspective on dance and it just makes me want to be more involved. Dance is now something I never get bored of. I'm always excited for my classes. I get to see people I only see a few times a week. Dance is a huge way to share your emotions or love for something. Interestingly enough dance also introduces me to new music. My teachers use songs I have never heard.

Dance is one of my biggest passions, I hope that never changes because it has such a big role growing up so far.



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## Vignette.

There are so many times in my life when I was given opportunities to change the way I learn but this situation was a time when I learned more about myself. It was a whole change in my education for myself and others. When I was younger I had a hard time controlling my anger and outbursts. Some might say this is normal for all kids, which I knew it was but I happen to be a lot more angry for not a lot of reason. I needed to learn to control my feelings and that's what I did.

At the age of nine my parents had given me the idea that I could talk to someone on how to react in a more subtle way. At first I was resistant and I didn't want anything to do with that. Then I adjusted to the idea and once a week for my 4th grade year I went to see Catherine. She was someone who made me feel as though my angry feelings were controllable. I always felt embarrassed when I acted out, I felt I dealt with things differently but my way was best. My way to block out the world and just be mad. Mad at myself and my family. My automatic thought when I was mad was to yell, to scream and act like a 3 year old.

Through time Catherine was able to show me to walk away from angry situations. To leave the room when necessary and most importantly to stop and think before I said anything dumb. This was a lot for any nine year old, but I feel as though I was able to comprehend more at nine than I am now at 14. There was 1 time in particular time when I met with Catherine she taught me something I use to this day. At first what she said it, it sounded dumb but it has helped me so much over time. She told me dinosaurs had very small brains but intense insane reactions to things. Of course these dinosaurs didn't think before they acted. She taught me not to have a dino brain and to always think of the outcome before acting. This might sound childish but the meaning behind it helped me so much as a kid and still to this day.

Going to talk to someone at nine definitely changed the way I learned. Not the way I learn math or science. The way I learn how to interact with people, the way I present myself and the way I'm sure I'm heard. I think this is something that I needed growing up. Learning that there are other ways to handle situations was something that so many kids needed to learn. It shaped the way I handle most angry and upsetting situations in life. I was never someone who liked conflict and still now have trouble dealing with it. Now I handle conflict better than I ever thought I would be able to.