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GROWTH IN THE SCHOOL YARD

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THROUGH MUSIC

JIU-JITSU THE GENTLE MARTIAL ART

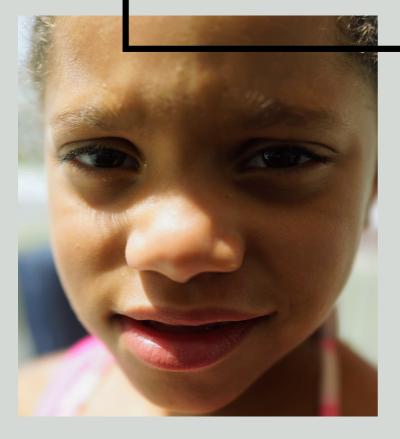
ENGLISH I MAGAZINE

MADISON GEORGE HERFIRST PROJECT

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Dear Readers Alook into me

Dear Readers,

My name is Madison George. I am currently 13 years old and this is my first major project of freshman year. I'm looking forward to expanding my writing abilities, as well as reading some hot topic books that I hope we get to discuss. In addition to my academic interests, I play a variety of different sports, in and outside of school. I like the outdoors, hanging out with friends, and spending time with my family.

I hope in reading this magazine you get a better understanding of who I am and what is important to me. I covered a lot of different topics within these pages. Some of which, being a recipe of one of my favorite foods in the history of foods. Another, showing my fascination for traveling, and Displaying some of the artists that I listen to daily. I talk about my passion for MMA, specifically jiu-jitsu, and finally how I've grown through my experiences. Now even though I cover many subjects that are important to me and my life, I couldn't possibly cover every part of my identity in such a short magazine. I believe that not everything can be said in writing, or at least in this form of it. Nevertheless, I appreciate you taking the time to read A LOOK INTO ME.

Sincerely,

-Madison

Editor-in-Chief

GROWTH IN THE SCHOOL YARD

This is the story of the time I got in trouble in 6th grade.



AISHA ANDERSON-OBERMAN/TEACHER

I love my school, I do, but this one day in 6th grade I loved it a little less. It was during yard (recess) and me and my friends were walking in the long yard. I don't remember the exact date of the incident, but it must have been sometime after it had rained because I smelled the raw, rich scent of the dirt and of the trees. I remember feeling the thick, humid air hitting my nose, as we walked aimlessly through the long yard, as we did so many times before, trying to escape the countless small children running and screaming, as we once did.

I swear, you would think small children were being tortured from the way that they were letting these screams rip through their throats. I had come pretty accustomed to drowning out these high-pitched sounds. I looked over toward the screams and I thought to myself how cute, all the little kids trying to 'attack' the older kid. And there is one in particular scream that had caught my attention, it was Sam. To the untrained ear, Sam's scream is just like any other nine year old child.

GROWTH IN THE SCHOOL YARD

What sets him apart is this slight giggle that comes with any scream released from his mouth and this time that giggle did not follow. All individuals looked happy and ultimately were, until the sounds that were once screams of joy and happiness, turned into tears and sobs of pain and anger.

We noticed that the teacher had not come to address the situation, so I ran over with my friends thinking we could deescalate what happened by getting everyone calm and to send for a teacher. Later, I learned that the teacher supervising the yard at the time did not think she was needed and we could handle and resolve the issues ourselves. After we got everyone calmed down, just in time for yard to end, we made sure everyone felt like it was resolved and did not need further interventions with a teacher. At the time we did not know how or what really caused Sam to cry. After the moment of hearing "yard closed" being loudly announced, we did not think much of it after that. Not until the following day where we got called down to the community room.

Thinking back to it, I should've realized why I and a few others had been called down to the community room. Unfortunately, I didn't realize until I saw our teacher ferociously walk through the door. Shivers went through my spine when I saw the look of pure outrage on one of my favorite teacher's face. The room went silent. The moments between the door closing and her calling us one by one to leave the room is a blur. All I can remember is seemingly being very interested in the artwork that had been hung up for years. As I looked around the room, I saw my peers. Not daring to speak over the once cool, calm and collected voice, now fiery, angry and disappointed.

Even though my perception and my teacher's perception of this event were two of a different coin. I believe that it still enlightens me to be mindful of what is happening around me and acknowledge that although you might have different experiences/perception of the same event you can still be open-minded. By allowing myself to be open-minded, I finally realized that in many situations being a bystander is just as bad as doing the crime. That when I see someone do something that might result in someone getting emotionally or physically hurt, I try to stop it, or get someone who can.

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Goya Sponsor **Google** Photographs



BACALAÍTOS

A Fried Island Tasty Delight

Directions

01. Empty the Bacalaítos mix into a bowl.

02. It says add 1 cup of water, but you can do more or less depending on the batch (as long as it is the consistency of pancake batter.)

03. Stir until it is all mixed in (Make sure there are no lumps.)

04. Heat oil to around 350 degrees.

05. Pour about 1 spoonful of batter into the pan and wait until they are golden brown (make sure to flip both sides.)

06. Personally I think they are better when they are on the well-done side, but my grandmother would beg to differ.

MADISON GEORGE

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This recipe is one of my most loved recipes. I make these with my grandmother all the time and I have loved bacalaítos since I was a little kid.

Bacalaítos is bacalao and flour. Bacalao is just cod fish in english. They are round, salty, and crispy fritters. They can come in veroius different sizes. The ones in the picture are made from the brand GOYA. If you go to Puerto Rico you can find them sold in stands located near the beach.

Although these fritters are a staple in Puerto Rico they originally come from Africa. They came to Puerto Rico during the Spanish Colonization period.

WARNING

Those who dare to eat this salty concoction, be mindful that they are fried and not very healthy. However they can be slightly addicting, very much a party in your mouth.





Madison's Word Search

IEUNYTFCCBIYWQLINTAJ LCDHNERZEOGMOBVEZADU NTQMWADIXTJARVMUSICK WMRDDCIIUHIDMINTCHIP DCIMZHVSPEUIBMHZXHPA Q H P X P E T L M R I S H T I P D X P Z TIHDERFGKIIOWVGFFBON ECFVIDAJINTNBDHSDLVV X K S F G W E A D G S H Z J S M B K Q W A F J G B H U Y H M U M K Q C V B A T F s IDISNEYWORLDIHLECRF RLRBQCUERTZLEXOESCAO OAHAPLBERHRYTFOLKSVO AXJUNWAZXEVRFZLVLPED DPCBPLDTHRNEHHCZSCLS HNITJWQCHOCOLATECCIH OAGRANDDAUGHTERPURNU USKBEACHBUMILDKALKGG SBKNPIOQHATESWALKING EPSOCCERVJVJBHIAZWTS

bothering mother	Texas roadhouse	hates walking	kid
granddaughter	traveling	Chickfil-a	food
Disney world	beach bum	highschool	T.V
jiu-jitsu	mint chip	soccer	
teacher	music	chocolate	
mixed	madison		

Movies & T.V Series Favorites

COURAGE UNDER FIRE

STATION 19

ARVEL STUDIO

AKING

THE

AUNI

G



NEW

12

AMSTERDAM

Another one of my outlets is watching T.V. I have multiple show and movies I absolutely love, but some of my favorites are:

AW & ORDER

CRIMIN

OCBS

O V G O V G

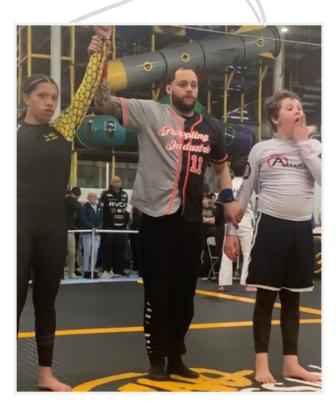
-Madison George

Passion Piece THE GENTLE MARTIAL ART

https://northstarmma.com

Outlets are something very important to me, this idea has exasperated since/Because of COVID. Outlets can be anything from watching T.V to reading books, really anything that helps you focus or escape from the rest of the world. One of my outlets that grew to be one of my influential passions is jiu-jitsu. Jiu-jitsu is often referred to as The Gentle Martial Art because of alternative ways to take down your opponent without kicking or hitting.

I started jiu-jitsu when I was 10 years old because I had just started to get too big to fight with my dad in a small space, so my parents suggested I get into MMA.



Tuesday, 13 September 2022



Now I know it might be kind of weird to suggest your 10 year old child learn how to break someone's arm, or how to choke people out with her legs, but it's not, I think it is actually perfect. I say that because when you are just 10 years old you can't take a grownup down with a push or a kick, it just wouldn't work, but with this you learn how to take a man twice your size down if you set it up right. I should know, I've done it.

The Gentle Martial Art https://northstarmma.com



Don't get me wrong, I love jiu-jitsu, but it is not all sunshine and rainbows. Since 100% of our training is done on the mats, we are bound to get mat burn and I have my share of scars on my hands, feet, elbows and knees. Considering it is a contact sport it is no surprise I have been kneed in the face, my lip has been cut open and I have hurt and bruised multiple parts of my body countless number of times, But despite all of that, I still consider this sport to be one of my favorite pastimes. Doing MMA has been a huge part of my life for about three crazy years now. What I think is more crazy, is how my mom started participating in Martial Arts when she was 17 years old. I think that is one of the reasons I started so young. Me and my mom might not look alike, but we are so similar. We both have high academic drives and we both did multiple sports growing up. When I do jiu-jitsu, I can't help but think I am going down the same path as my mom, and that would be a pretty good one.

I am currently an orange and white belt. I am telling you this because I believe it shows my hard work and dedication for sport. There are seven belts the between mine, white, the gray series (there are three belts in every series) and the yellow series. In just three years I went from white belt to orange and white belt and I probably would have done it faster if COVID didn't interfere. Even through lockdown, I continued to show up to virtual classes and when places started to open up I began to do Muay Thai. I did all of this with the help and support of my family.



The Gentle Martial Art https://northstarmma.com

You know how I said "I should know, I've done it"? Well here we go. "When I started, I was in the kids' class. Now I am in the adult classes and there are not many females in jiu jitsu so I am a minority in the classes not only because I am a female but also because I am a young teenager. I train with mostly men and with the skills I have learned, I am able to defend and occasionally make them submit.





Because I have grown as a fighter I even teach the children's class and this allows me to sharpen my own skills. I began teaching a little less than one year ago. This opportunity arose early on in my competition career. I wanted to not only see members of my old class, but I also thought that it would be a good opportunity to improve my knowledge of the sport and give back to the space that helped me find one of my true passions.



JIU-JITSU



Cultured Through Music

I LISTEN TO A LOT OF MUSIC, SOME OF THE ARTIST THAT I LISTEN TO ARE:

Ava Max

Kat Dahlia

Dua Lipa

Sam Smith

The Chainsmokers

Imagine Dragons



Holly Humberstone

Halsey Twin Demi Lovato AJR Arlo parks Metronomy

Renee Rapp



Ruth B.

Xana Kelly Clarkson Madonna Prince Ketty Perry Sia



No Doubt

Tears of Fear Sade Marc Anthony The internet Adele



I think that it is super importent that we educate ourselves in all different types of music and music from different time periods.



TEEN TRAVEL

Photographs By: Madison & Family

Traveling has been a huge part of me and my family's identity for as long as I can remember. For me traveling is a way to connect with people that I wouldn't normally get to interact with. Whenever I go to a new place I'm always so surprised to see the way people live compared to us. Whether that be what they don't have or what they do have, it never seizes to amaze me.

A weird teenager, but loving"-Mother

"Athletic, but still very smart and are an amazing, supportive friend, while also still being a very silly person"-Tallulah

"Madi is resilient, self-effacing, curious, strong, kind-hearted, studious young teenager"- Father

Smart, friendly, silly athlete, makes you laugh, looks out for others" - Aisha

"A Smart, young, women"- LailaGrace

"Awesome"-Layla

Embodiment of a golden retriever-Nyasiah

