

BOXING TIMES MAGAZINE

14 YEARS

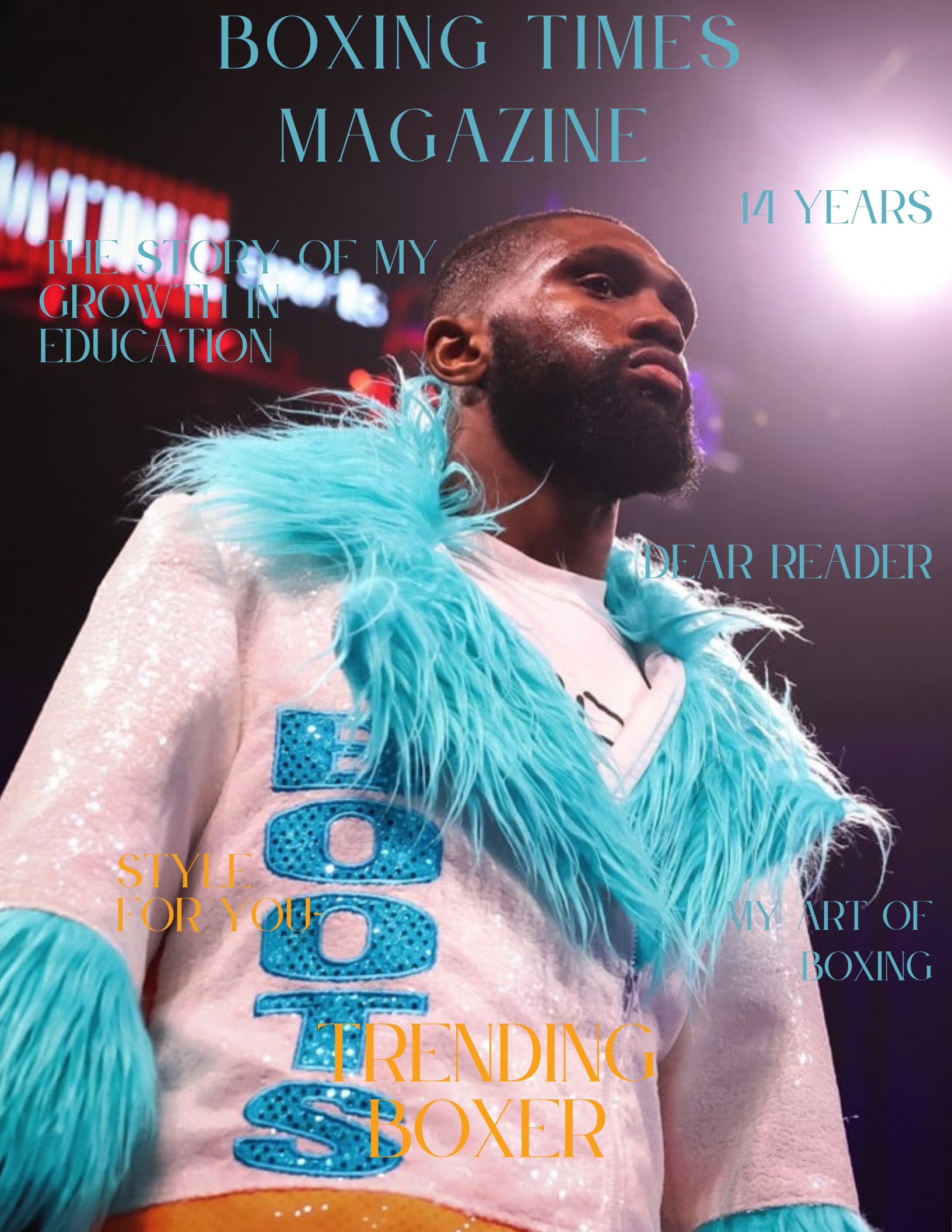
THE STORY OF MY
GROWTH IN
EDUCATION

DEAR READER

STYLE
FOR YOU

MY ART OF
BOXING

TRENDING
BOXER





By Edward Ferguson

Dear reader

Dear reader,

I want you to know that the magazine you're about to read talks about a story that is about how I have evolved as a reader. What I want you to take the form that I'm a student that is always willing to improve and change. The story I tell in my vignette is a story from when I was in 8th grade and how that one teacher had changed my outlook on school and life. The second part of my magazine is my passion article which is about my passion to box. In my passion article I want to convey that boxing is my passion not only for my physical health but for my mental health. What I want you to take from this overall magazine is the question who am I can answer but that answer can change as I learn and grow as a student, boxer, and as a person. I hope you enjoy reading my magazine.

ESSENTIAL FEAR OF
GOD SHOP NOW



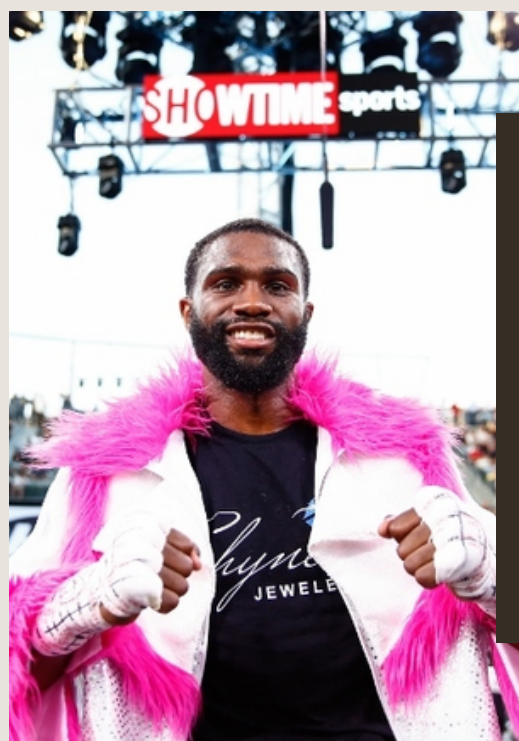
By Edward Ferguson



Boxing

Boxing is my passion, it is my escape from the world. I think that boxing is one of the best ways for me to deal with my emotions and overall mental health but at the same time I'm building muscle and overall keeping my body in shape. My trainer is an older man so he teaches me a lot about his life and life in general. But the story of how I got into boxing is not what you expect. I remember after school one day my mom told me that she was taking me to meet someone. She drove up to the rec center with a boxing gym and when we walked inside and met the trainer that was when my life changed forever. I was so excited but the first thing he made me do was sit and watch someone on the heavy bag. He had me do this not only to see what the guy was doing but to see if I could follow directions. So on my first day of boxing I sat and watched people box the whole time. He let me hit the bag on the second day. That's when I knew even though he didn't say it he saw something in me. But as a boxer I think that mastering the skill of boxing is one of my main goals as a boxer. But as a person, boxing has made me a calmer person because when you're in the ring and getting constantly punched you have to learn to keep your composure or else you will let your feelings control the fight and you will lose because you will be using anger and not skill. The effect that boxing has had on my body has been positive in my opinion. I've gotten a lot stronger in general but I'm still not as big as I want to be. Something I think about all the time to myself is why I picked boxing other than my mental health and physical appearance is because it's fun hitting a bag or a person without hating them because you know that before every round y'all will shake hands. It is also fun moving around and being active. I also like to watch boxing. My favorite boxer is Jaron Boots Ennis and I hope one day that I'll be as skillful as he is and hit as hard as he does. I definitely want to continue boxing this year and years to come. The thing I'm struggling with is if I should go pro and if my passion is still there for boxing I might just make the decision to go pro. But overall I'm passionate about boxing because it is building my character and keeping out of trouble and keeping me in shape. I hope that I stick with boxing even if I don't go pro. My passion may change but for now my passion is my art of boxing.

-By Edward Ferguson



VIGNETTE



By Edward Ferguson

One day I was in 8th grade science class. I remember playing around a lot with my friends. The science teacher ended up pulling me aside and was telling me about why as a young black male I should take education seriously. He told me this because throughout the year a lot of young black males were getting kicked out of the school for doing a lot of bad stuff in and out of school. That made me realize that as a young black male I should take my education seriously. The teacher also said that getting calls and emails about your behavior has a big impact on your parents. Not only are they disappointed, they have to leave work and other things just because you wanna crack a joke. As a student that made me more aware of when you make bad decisions that not only affect you but affect your parents or guardians. But as the year went on I started to talk to my teacher more about this subject and I felt like that was a wake up call for me. But I started to talk to all my teachers more and I noticed when there was a high level of communication between me and my teachers my grade went up and I no longer got asked to be quiet during class. Overall, school became easy to navigate. But the time I spent talking to the science teacher made me form a good relationship with school and science as a subject. That moment in my life will forever influence how I am as a student.



BOXING WORD SEARCH

Name: _____ Date: _____

Boxing

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orthodox
 duck
 round
 hook
 gum shield

parry
 slip
 punches
 jab
 wraps

counterpunch
 boxing stance
 combinations
 boxing ring
 boxing gloves

southpaw
 knockout
 upper cut
 head guard
 Boxing Bag

A man with a beard and a joyful expression is the central focus. He is wearing a black t-shirt with a white signature and the word 'JEWELRY' below it. Over the t-shirt, he wears a white jacket with a thick, vibrant pink fur collar and cuffs. He is also wearing white boxing gloves with black stitching. The background is a boxing ring with a 'SHOWTIME sports' sign and various stage lights.

SHOWTIME sports

MAGAZINE

TRENDING
FASHION