

For my senior project, I decided to do a vlog about soccer. The vlog is about me and what I do every day as a student-athlete at SLA. It represents who I am as a person and how passionate I am about soccer. I chose this project because soccer is my passion and I wanted to share my passion with other people and show them that it's okay to be passionate about something they love in life so hopefully I was able to inspire others to do the same by watching my project. When I asked for information about what to do for my capstone, everyone at SLA was to check it out for me or give me feedback on what I should do with my film. research is a big part of our school since we are a project-based learning school so we spend half of our time doing research and learning about new things so even though I did struggle I didn't struggle much since I already had an Idea of what I wanted to do for my project due to all the access my school provides us which is something I'm really grateful about. Everyone at SLA was supposed to see it for me or offer me advice on what I ought to do with my movie. Since we are a project-based learning school, we spend the majority of our time conducting research and learning about new topics. Despite the fact that I did struggle, I didn't struggle too much because I already knew what I wanted to do for my project thanks to all the access my school gives us, which is something I'm very appreciative of. This endeavor is a reflection of who I am as a person, and SLA places a strong emphasis on it for its students. The desire for everyone's best interests is something you seldom ever encounter in other schools. I agree to this myself as a student who transferred to SLA. The SLA community places a lot of

importance on presentations, especially given that our school is project-based. We spend a lot of time making presentations, and although I detest doing them, they have really helped me when it comes to speaking in front of a large group of people. Because we complete half of our projects or work with partners, collaboration is also a crucial component of the SLA community because it strengthens relationships with both one's peers and oneself. SLA is a really diverse institution, therefore it amazes me how everyone can simply come together and work together on projects. Coming to SLA was, in my opinion, one of my best decisions. I began by first writing down any project-related ideas I had. Finding the ideal solution took some effort, but in the end, I got it all figured out, which was fantastic. I did a lot of research about soccer films or documentaries to help me get an idea of how I wanted my film to look. I struggled at first because I couldn't find something that I really wanted to do, but in the end, I just ended up freestyling it and making something work. I had days where I went to the field and recorded myself playing. I encountered numerous challenges while creating this project; I got stuck in the middle of it and kept changing ideas because I wanted it to be perfect; as a result, I was constantly frustrated and unmotivated to even begin it. However, I overcame these challenges by asking my mentors for advice and asking some of my friends what they thought of my project's idea; everyone thought it was a great idea, so hearing that gave me more confidence in what I wanted to do for my capstone. My phone, camera, computer, and the internet were the main resources I used. My phone and camera were used for the recording portion of the project, which was required in order to make it happen. The computer was used to edit my film and make it look as good as

possible for everyone to enjoy. The internet was where I found the majority of the information and ideas; it was really necessary for me to finish my project. I'm quite proud of my project's completion and the amount of effort I put into it. I'm also happy that I can display a side of myself that people have probably never seen before by completing this capstone. Additionally, I learned a lot about myself through this endeavor that I didn't know before. I still find it hard to believe that I was able to complete this. I had little confidence in myself, but working on this project forced me to once again see that effort pays off; everything you do or say will be meaningless if you don't put any effort into it. But maybe that's just me. I really enjoyed working on this project, and once more I hope I was able to show others that it's good to be passionate about things and that you should always work for what you want in life regardless of what other people think.