

Song of The Heart:

Annotated Bibliography

1. Bresnan, G. (2022). *Popular Music and History: An Interconnected Narrative*. [Honors Capstone, Northern Illinois University]. Huskie Commons.

<https://huskiecommons.lib.niu.edu/cgi/viewcontent.cgi?article=2427&context=studentengagement-honorscapstones>.

This publication will be used to provide information supporting the main idea I am trying to convey about the evolution of music through history. It is an extensive investigation by an undergraduate student that can help convey the message about music I am trying to deliver. It can also help support the other sources I am using for the explanation of the different genres. This source can also guide how I analyze the songs I've picked as the case study follows a similar pattern for its research. The information is very recent, so it can provide a more current perspective. The source considers music in more than just the United States, which can help offer a broader view of song popularity and trends. It doesn't focus on primarily one genre, which can alter both popularity and its intent to use music as a lens for historical events.

2. Fontenot, K. S. (n.d.). *Country Music*. The Encyclopedia of Oklahoma History and Culture. <https://www.okhistory.org/publications/enc/entry?entry=CO072>.

This article provides a necessary background on the history of country music, which is useful for my project as I want to incorporate information on the country music genre into my guidebook to explain how it differs from other genres. With this article, I can also learn more about the changes that have come to the genre throughout history. The source also has many citations from other sources, supporting the story it tells of country music. There is no clear bias, as the author explains country music in a historical context, but it could be present due to the role country

music plays in the culture of Oklahoma. The source explains country music's roots in telling the story of the white working class in the early twentieth century through several decades of evolution as a music genre. There is no information on recent years, but it is current enough to explain country music norms that are still popular today.

3. Gee, K. A., Hawes, V., & Cox, N. A. (2019, March 5). *Blue Notes: Using Songwriting to Improve Student Mental Health and Wellbeing. A Pilot Randomised Controlled Trial*. *Frontiers in Psychology*. <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC6411695/>

This research study addresses my inquiry question by examining the impact of songwriting on mental health. This can guide the way I approach teaching songwriting in my book. I want to promote the benefits of songwriting, which I can do through both the personal aspects and the songwriting tips and prompts in the book. It is a very credible source as it is a paper written and edited by several people. They also include references to other materials that guided the research and experiment. The source has strong evidence and a sensible experiment that covers many bases of the mental health benefits of songwriting. There may be biases in the source, but it is unlikely due to the amount of writers.

4. Johnson II, M. L. (2011). *A Historical Analysis: The Evolution of Commercial Rap Music* [Master's thesis, Florida State University]. Florida State University Libraries, <https://diginole.lib.fsu.edu/islandora/object/fsu:181781/datastream/PDF/view>.

This thesis considers the factors that have influenced hip-hop and rap in a marketable aspect, which is important to consider for genre and song popularity. The author's research shows expertise in analyzing rap in a historical context, which is key for explaining its evolution throughout the years and its ties to expression in the African-American community. The time frame of the rappers considered in the thesis is from the 80s and 90s, but the information is

relevant to consider to provide background information on the genre. This source will be used to explain the history of rap music, as well as the different kinds that have emerged through its evolution. The source explains the different social and political elements that have developed gangsta rap and hip-hop into what it has been and is today. It has strong references and literary works that it cites for its analysis, but its outdated figures don't address rap's presence in the 21st century.

5. Kajanova, Y. (2014). *On the History of Rock Music*. ResearchGate.

https://www.researchgate.net/publication/272757435_On_the_History_of_Rock_Music.

This book examines the different musical qualities of rock music, as well as its development throughout the years. The rhythm patterns that characterize rock music are seen across most of the songs examined in the book. The book discusses the differences between rock and jazz music in the musical patterns they utilize, which helps make sense of the rock songs I have chosen. The commonalities between different rock songs can contribute to their popularity, which is helpful in both explaining the genre in the book and analyzing their commercial value. The source properly explains different rock songs across several decades but fails to introduce more modern songs that have continued to use the same processes. The author presents no strong opinions about rock music and supports their opinions and analysis with other works examining similar trends.

6. Mauch, M., MacCallum, R. M., Levy, M., & Leroi, A. M. (2015, May 6). *The evolution of popular music: USA 1960-2010*. Royal Society Open Science.

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4453253/>.

This source contributes insight into how I should analyze songs as it considers how popular music has changed over several distinguishable eras. This publication has several authors with

expertise in electronic engineering and life sciences, which proves their ability to monitor the connection between the evolution of popular music and changes in culture. The information tracks songs from 1960 through 2010, which is helpful as I have chosen songs across several decades to get a broader sense of music popularity and the different aspects of songs that stay popular across generations. This article can provide several key aspects in which to consider why certain songs become popular, as well as initial knowledge that is necessary to understand different genres. The source tracks the commercial success of songs on the Billboard Hot 100, which helps quantify the popularity and trends of songs in the U.S. and understand the variety of music in the public eye. The source considers the many aspects surrounding musical evolution, including revolutions and societal changes, but it doesn't consider the different human demographics that can also alter popularity.

7. Riley, P. E. (2012). *Exploration of Student Development Through Songwriting*.

University of Vermont, Visions of Research in Music Education.

http://www-usr.rider.edu/~vrme/v22n1/visions/Riley_Student_Development_Through_Songwriting.pdf.

This research paper answers my inquiry question by using an analysis of student songwriting to explain its benefits for self-expression and emotional stability. The author is a professor, so their research can offer valuable insight into the ways I can apply similar tactics of guidance in my book. The information is 12 years old, but most studies can have similar findings in a more modern rendition due to the continuous benefits different avenues of relief can have for young people. The author is free from bias because they are not a student and can have an objective perspective on the benefits of songwriting. This source will support my argument and help me explain the benefits of the book in different parts of the overview. This source has many different

trials in its experiment that it uses to support its claim, but it doesn't discuss alternatives to songwriting, which might help support its statement more.

8. Schiavio, A., Moran, N., van der Schyff, D., Biasutti, M., & Parncutt, R. (2022, June). *Processes and Experiences of Creative Cognition in Seven Western Classical Composers*. *Musicae Scientiae : The Journal of the European Society for the Cognitive Sciences of Music*. <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC9082970/>.

This research article examines the different factors that alter the creative ability to create songs in different composers through a survey. This helps consider the impact of a musician's life on the music they create. This can be used for working through the inspiration for songwriting as it is important to understand what things dictate the lyrics that come out as well as the overall sound of the song. The information is very recent, coming from an experiment done within the last couple of years, which can pair well with and contrast against the other outdated sources. This experiment had many subjects from different focus groups, as well as other research that it references, which supports the information in the source. The authors have various backgrounds, which can eliminate possible bias, but they only survey European and North American composers, which can leave a way for some biases toward those groups. The main idea of the source is that composers are constantly adapting to their environment and their creativity is rooted in their bodily experiences and environment. The source clearly explains how its findings are supported by the responses of its participants, but doesn't include a broad spectrum of identity for its participants.

9. Wicks, N. E. (2017). *There Is A Message In The Music: An Examination of Soul Music As Protest Discourse* [Master's thesis, California State University Dominguez Hills]. <https://scholarworks.calstate.edu/downloads/9w032369d>.

This thesis has value in its ability to support the investigation of the roots of popular music genres. The source has many literary works to support its statement, as well as a thesis written by a graduate student. The song subjects are a bit outdated but can help compare against modern-day ways of telling stories about political and social problems in music. The author has special connections with music in African-American communities due to their childhood, which might offer bias in their analysis. Still, they also consider the lyrics of different songs and the stories of their artists very carefully. It can support my desire to explain the history of different musical genres, as well as guide my analytical process. The source mainly investigates the different genres prevalent in black culture, such as gospel, rhythm and blues, and soul, but it also takes a deeper look into the meaning and controversies behind artists from the 60s and 70s. The source pays special attention to the history of black music but doesn't include more modern examples of the same storytelling methods.

10. Wiederkehr, G. A. (2015). *The Role of Music Theory in Music Production and Engineering* [Master's thesis, University of Oregon].

<https://core.ac.uk/download/pdf/36693583.pdf>.

This thesis provides support for the inclusion of music theory in the guidebook for its usefulness in music production. According to the thesis, it is a tool that can provide more help in music production and improve the quality of the music. The source analyzes songs from both the 20th and 21st centuries, which gives it more relevance. There is not an inherent bias in the analysis or consideration of music theory as important. This thesis pays attention to the technological advancements in society that have contributed to the changes in music and music production, as well as the music theory elements that exist in modern songs. This thesis can be an example of how to analyze a song in different contexts, as well as a model for explaining music theory. This

source explains sound engineering and music theory expertly but focuses primarily on the technological aspects as opposed to the other aspects incorporated into music production.