

Bibliography

1. Abulhul, Z. (2021). Teaching Strategies for Enhancing Student's Learning. Journal of Practical Studies in Education, 2(3), 1-4. <https://files.eric.ed.gov/fulltext/EJ1315486.pdf>

This paper gives insight on what strategies are most effective for teaching. It describes the different methods that can be used and how to use each most effectively. The paper is written in a layout that gives details about lecturing, presenting, brainstorming, group work, and using online resources. The author provides information about how to use each of these methods in a strategic way that will benefit the student in the best way. I will use this source to help set up my lessons in a way that can provide the teams with the best information and easiest way for them to hear and understand the information.

2. Bloomberg. "Duke's Coach K: How to Build Teamwork." Bloomberg Markets. September 13, 2016. <https://www.bloomberg.com/news/videos/2016-09-13/duke-s-coach-k-how-to-build-team-work>

The coach of a college sports team was interviewed about building teamwork. He speaks about the major characteristics and team building blocks that he has found to be most important. Specifically he notes that these topics should not just be talked about but they need to be shown through the team's actions. He talks about the huge importance of respect. I think that the topic of respect is going to be something that I focus on because the athletes need to both respect their coaches and their fellow teammates. The coach notes that without respect, the team will not reach their full potential and be able to play well together.

3. John C. Hill & Sardar A. Tanveer (1981) Kids Teaching Kids: It Works, The Educational Forum, 45:4, 425-432, DOI: [10.1080/00131728109338354](https://doi.org/10.1080/00131728109338354)

This article was written to help determine what ways are best for kids to learn. This article specifically talks about how having peer tutoring can be more beneficial for skill development.

Having someone who is more similar in age and experience yet who understands the topic can sometimes be more effective because it is easier to hear and understand the information. This author believes that having a slightly older “teacher” is better for the student because it increases motivation and success. Seeing as I am around 10 years older than most of the athletes I will be working with, this information and statistics are helpful in believing that my impact and implementation of the topics would be beneficial.

4. Maxwell, John C. *Talent Is Never Enough: Discover the Choices That Will Take You Beyond Your Talent*. Nashville: Thomas Nelson, 2007.

This author touches on topics connected to ways someone can personally strengthen their talent through mental changes. John Maxwell has written many books and had many speeches written about leadership. This book specifically investigates how teamwork can build talent. This provides information that allows people to be more empowered and efficient with how they approach teamwork, their own talents, and leadership. I will use this book to expand my knowledge and learn a more professional opinion on how teamwork makes a difference. In order to teach young athletes about leadership and teamwork, I need to fully understand the important role that certain characteristics can play when working to strengthen a team.

5. McGraw, Glencoe. “Teamwork.” Problem Solving Video, Workplace Videos 2000. *Skills to Pay the Bills*.
<https://www.dol.gov/sites/dolgov/files/odep/topics/youth/softskills/teamwork.pdf>

This source gives definitions of what a team should look and act like when given the proper team building goals. It leans into what leadership should look like on a team and how the different skills are reflected through a team. This source provides me with activities that would be helpful in team building listing how the different skills that are needed can be described. It lists not only the skills but the necessary characteristics in being a good team member who is going to help with the team's success. I think this will be helpful in setting up my lessons because it gives a simple description of what the characteristics do for a team.

6. Salcinovic, Benjamin et al. "Factors Influencing Team Performance: What Can Support Teams in High-Performance Sport Learn from Other Industries? A Systematic Scoping Review." *Sports medicine - open* vol. 8,1 25. 22 Feb. 2022, doi:10.1186/s40798-021-00406-7
<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC8864029/>

This journal article is written about all the different types of strategies and methods that are important in a functional team. It introduces multiple roles that can be found on a team and how to best equip each team member for said role. The article emphasizes the importance of support and motivation through the team. There are a couple charts that analyze how team performance is based on the different roles and the methods of team building. Using this journal article along with the charts, I will be able to specify strategies for the teams that will be able to strengthen their team in the future. This article is written mostly about sports but also contains charts that relate to jobs which is important for everyone to learn about.

7. Shuffler, Marissa L., et al. "There's a Science for That: Team Development Interventions in Organizations." *Current Directions in Psychological Science*, vol. 20, no. 6, 2011, pp. 365–72. *JSTOR*, <http://www.jstor.org/stable/23213075>. Accessed 24 Jan. 2024.

This article provides information about how to effectively pull a team together to function as best as they can. It specifically explains the tools, strategies, methods, and content that are part of building a strong team. The author includes data and analysis of the difference between team training and team building. The article is built up of many different tables and topics that show

how using both team training and team building are imperative to strengthening any kind of team. The author describes the layout of using science to understand and intervene to effectively support a team. Improving a team involves lots of different strategies and tricks to build the team without tearing them down. Using this article, I will be able to better understand what does and doesn't work when engaging with young team members.

8. Warner, Connor K. "Contested Definitions of Excellent Teaching: An Analysis of the Discourse of Quality." *Journal of Thought*, vol. 50, no. 1–2, 2016, pp. 20–36. *JSTOR*, <http://www.jstor.org/stable/90010508>. Accessed 24 Jan. 2024.

This source lists what goes into excellent teaching. It gives multiple examples of how the different strategies work and how they have been used by teachers. The author found resources that described where the beliefs came from. It lists what good teaching should result in and the impact it will have. The author not only wrote about the discussion and background of the belief but also what it can look like in the classroom and how helpful it is for a teacher. In order to effectively teach young kids, I will use this source to determine what the best way to plan my teaching will be. This source specifies that goals are incredibly important to getting the topic across to students.

9. Waye, Tyler. "The Power of Teamwork - Teamwork Motivational Video." YouTube. April 28, 2020. <https://www.youtube.com/watch?v=8PAnd4fVpxs>

This video talks about how much power a sports team can have if they continue to challenge and push each other to be the best. Tyler Waye discusses the importance of working together and how that is the only way the team can grow. For teamwork to be successful all of the athletes on the team need to trust each other so they can continue to work together. He brings up the "best" rugby team and how their teamwork led to growing talent. He brings up bands and leaders who made decisions that could only happen because of creating goals and working together with their teammates. This video is very motivational for all kinds of teams and will be used to show the teams I work with that there is so much more they can do.

10. Wingert, Pat, and Barbara Kantrowitz. "SPECIAL REPORT: How Kids Learn." *Young Children*, vol. 44, no. 6, 1989, pp. 3–10. *JSTOR*, <http://www.jstor.org/stable/42726225>. Accessed 25 Jan. 2024.

This report was written to acknowledge that the school systems aren't always preparing kids as well as they could. There has been a lot of research done about the way kids learn and understand information. The most effective way to teach children is through hands-on activities with an overarching topic. According to the article, the age group I will be working with is learning how to solve problems on their own and learn symbolically. In order to get the teams to fully understand the information and topic I choose to teach about, I need to include an activity rather than just lecture about it. The author provides statistics and comparisons between students who sit at a desk all day to learn and students who have other stimulating activities.