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College English/ Playlist
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Lost In A World Through Songs:

I decided to do the playlist one for my lit log. I went through a process of trying to choose a specific scene or theme and I chose to do the theme of just being lost throughout the book from Offred's perspective.

Song #1: The first song that I chose was The Man Who Sold the World by David Bowie. This song connects back to the handmaid's tale because it is about a man who has lost himself and really does not know who he is anymore and is trying to discover himself and get him back to his old self. With lyrics such as "Oh no not me I never lost control you are face to face with the man who sold the world. This song has many different themes about being lost and being stuck between life and death and as we know in the handmaid's tale Offred is basically stuck in this world in Gilead and can't get out. One of the quotes that I wanted to bring up is on Page 95 where it says "Kissing is forbidden between us this makes it bearable One detaches himself one describes". This is showing how Offred is detached from the world and this song is about someone being detached from reality and being lost and I thought this would be a good song to include because of that and it has a strong connection to parts of the book.

[The Man Who Sold The World By David Bowie](#)

Song #2 :Wake Me Up By Avicii: The second song that I chose is Wake Me Up By Avicii. The reason that I chose this song is because this song explores the theme of being lost. Offred who is

essentially trapped in this dystopian world has nowhere to go, nobody to confide in really no friends to help her at all and she needs a way out of this world. One of the main lyrics in the song wake me up is “ Well life will pass me by if I don’t open up my eyes but that's fine by me. This is basically saying how life is moving quickly and how you have to pay attention in order to stop it from moving so fast. One of the main things that Offred struggles with is just that where on page 3 in the very beginning of this book when we are first introduced to Offred she says” We yearned for the future by how we :learn it that talent for instability was in the air”. This is something that stood out to me because it set the tone for the entire book and shows how lost they were and one of the final lyrics of wake me up are” I didn’t know I was lost I didn’t know” this is something that Offred seems to know but not know at the same time and this is what made it impactful.

[Wake Me Up By Avicii](#)

Song #3: Lose Control By Teddy Swims: For my third song I chose lose control by teddy swims this song is a mainstay and I think it connects really well with the book it starts off with” Something's got a hold of me lately and I don't know myself anymore feels like the walls are closing in and the devils knocking on my door”. This is exploring the main theme like I have said about being lost and in specific moments Offred talks about on page 109 of chapter 19 where Offred says” I dream that I am awake I dream that I get out of bed and walk across the room and right out that door but she has no control over that which is also why when teddy swims sings “ I lose control when you're not here with me and this can be interpreted in this book as her own state of free will and everything that she does not have in this book.

[Lose Control By Teddy Swims](#)

Song #4 Lost by Coldplay: I chose the song lost by coldplay because this song has a lot of themes about being lost and perseverance which is a lot of what offered is doing in this book. The chorus states" I just got lost in every river I tried to cross. Every door I tried was locked Oh and I”m just waiting until the shine wears off. This talks about being lost and trying to persevere through it in chapter 23 on

page 138 it says” .Now its something different it is something dangerous we can;t go on” This line has a lot of things that connect to lose where it is dangerous and Offred does not know what to do and it says in Lost “ And you'll be lost this is something that Offred is which is what she is trying to tell us in the book.

[Lost By Coldplay](#)

Song #5: Lost Stars by Adam Levine: This song talks about people getting lost in their dreams and not knowing what to do. He says” Please don’t see a boy caught up in his dreams and fantasises” This talks about how someone is talking about being lost and caught up in dreams. Offred says in the book” I have to lose my name on chapter 24” This talks about how she is lost and Lost stars is a main sentiment on how Offred is lost and really does not know what to do being trapped in Gilead.

[Lost Stars By Adam Levine](#)